

CAPITAL REGION ●

MAY 2019

# Living<sup>®</sup>

Capturing the hearts and minds of the region

2019  
"Bestie"  
Awards



# “Besties”

FOOD & DRINK

The Ivy Spa  
583 North Greenbush Road, Rensselaer

## DRY CLEANERS

Stena Dry Cleaning  
451 Albany Shaker Road,  
Albany

Silvestri Dry Cleaners  
69 Fuller Road, Albany  
145 Vly Road, Schenectady

Hartz Family Cleaners  
1714 Union Street, Schenectady

## FACIAL

Breathe Massage  
48 Hudson Avenue, Delmar

Skin Solutions  
5000 Dunhill Court, Suite 5004,  
Slingerlands

Complexions Spa for  
Beauty and Wellness  
221 Wolf Road, Albany  
268 Broadway, Saratoga Springs

## FITNESS CENTER

Metabolic Meltdown  
Multiple locations

Kettlebell Fitness Center  
333 Delaware Avenue, Delmar

ABC Sports & Fitness  
3 Johnson Road, Latham

## FLORIST

Surroundings Floral Studio  
145 Vly Road, Schenectady

Felthousen's Florist & Greenhouse  
1537 Van Antwerp Road, Schenectady  
250 Columbia Street, Cohoes

White Cottage Gardens  
194 Guy Park Avenue, Amsterdam

## FURNITURE STORE

Mooradians Furniture  
800 Central Avenue, Albany  
1758A Route 9,  
Parkwood Plaza, Clifton Park

The Furniture House  
1254 Route 9P, Saratoga Springs  
1060 Route 9, Queensbury

Old Brick Furniture  
33-37 Warehouse Row, Albany  
2910 Campbell Road, Schenectady

## HAIR SALON

Choices Hair Studio  
180 Delaware Avenue, Delmar

Ambiance Salon & Day Spa  
579 Troy Schenectady Road, Latham

Panache Hair and Nail Studio  
1661 Route 9, Clifton Park

## HEALTH CARE/HMO

CDPHP  
500 Patroon Creek Boulevard,  
Albany

MVP Health Care  
625 State Street, Schenectady

Blue Shield of Northeastern New York  
40 Century Hill Drive, Latham

## HEATING & COOLING

Family Danz Heating & Cooling  
404 North Pearl Street, Albany

Main-Care Energy  
1 Booth Lane, Albany

Crisafulli Brothers  
Plumbing & Heating  
520 Livingston Avenue, Albany

## HOSPITAL

St. Peter's Hospital  
315 South Manning Boulevard,  
Albany

Albany Medical Center  
43 New Scotland Avenue, Albany

Ellis Hospital  
1101 Nott Street, Schenectady

## INSURANCE AGENCY

Angers & Litz Insurance  
15 Angers Avenue, Schenectady  
 **tied with**  
SEFCU Insurance Agency  
469 State Street, Schenectady

Marshall & Sterling Insurance  
Multiple locations

## LAW FIRM

Copps DiPaola & Silverman, PLLC  
126 State Street, Albany

Martin, Harding & Mazzotti, LLP  
1222 Troy Schenectady Road,  
Niskayuna

Meier Law Firm, PLLC  
10 Utica Avenue, Latham

## MANI/PEDI

Venetian Nail Spa  
664 New Loudon Road, Latham

Shelley Salon & Day Spa  
2 Greenbush Avenue, East Greenbush

Serenity Day Spa  
1523 Columbia Turnpike, Castleton

## MARINA

Donovan's Shady  
Harbor Marina  
70 Shady Harbor Drive,  
New Baltimore

Harris Bay Yacht Club  
2712 Route 9L, Cleverdale

## MASSAGE

Laberge Massage Therapy  
204 Delaware Avenue, Delmar

The Body Spot  
7 Johnson Road, Latham

Pure Elements Organic Salon  
1728 Western Avenue, Albany

## PAVING/SEALCOATING

L. Browe Asphalt Services  
broweasphalt.com

Gabriel Contractors, Inc.  
gabrielpaving.com

Luizzi Brothers Sealcoating & Paving  
luizzisealcoating.com

## PILATES STUDIO

Free Movement  
500 Kenwood Avenue, Delmar

Pilates Principle  
578 New Loudon Road, Latham

Absolute Pilates  
4 Atrium Drive, Albany

## TREE SERVICE

Mark's Tree Service  
markstrees.com

SDS Tree and Stump Removal  
sdstree.com

## WEDDING PHOTOGRAPHER

Hitlin Photography  
hitlinphoto.com

All Occasions Photography  
allocalcationsphoto.net

T.R. Laz  
trlaz.com

## YOGA STUDIO

Heartspace  
Yoga & Healing Arts  
747 Madison Avenue, Albany  
10 Second Street, Troy

Orchid Tree Yoga  
457 State Route 146,  
Guilderland Center

Radiance Hot Yoga  
394 Feura Bush Road, Glenmont  
595 New Loudon Road, Latham

## SHOPPING

### APPLE ORCHARD

Golden Harvest Farms  
3074 US Highway 9, Valatie

Bowman Orchards  
141 Sugar Hill Road, Rexford

Indian Ladder Farms  
342 Altamont Road, Altamont

### BIKE SHOP

Bike Barn Cycling and Fitness  
109 Remsen Street, Cohoes

Freemans Bridge Sports  
38 Freemans Bridge Road, Scotia

Mad Dog Bicycles  
561 Delaware Avenue, Delmar

### BOOKSTORE

Northshire Bookstore  
424 Broadway,  
Saratoga Springs  
4869 Main Street,  
Manchester Center, VT

Book House of Stuyvesant Plaza  
1475 Western Avenue, Albany